



Welcome to the Greenway Newsletter, March 2025

Greenway Women's Centre will be closed on Monday 17 March for St. Patrick's Day. All Greenway services, including childcare provision, classes, group meetings and family support will be unavailable on this date. The Centre will reopen on Tuesday 18 March 2025.

**Universal Credit Advice Sessions
Wednesday 19 March, 10am-12pm**

Greenway Women's Centre is hosting free confidential Universal Credit Advice Sessions on Wednesday 19 March, from 10am to 12pm. If you need advice or help with your benefits please come along and chat to a representative from Knockbreda Jobs & Benefits Office.

No appointment necessary

Women's Empowerment Programme

Weekly Sessions: Mondays/ Tuesdays/ Wednesdays, 9.30am-1.30pm

The Women's Empowerment Programme at Greenway is a free, women-only project offering practical and positive work-based opportunities for women on their way to employment or training.

The Women's Empowerment Programme at Greenway includes Personal Development; Essential Skills Courses; CV Training; Interview Techniques and Volunteering Opportunities.

This Programme is funded through Halifax Foundation for Northern Ireland

To register, or for more information on any aspect of Training and Education at Greenway including details on Groups, Classes, One-off Workshops or Focus Groups, please contact Greenway's Training & Education Officer, Helen Smyth.

T: 028 9079 9912

E: training@greenwaywomenscentre.org

Community Health & Information Day: Tuesday 25 March, 10am-1pm

Greenway is hosting a Community Health & Information Day on Tuesday 25 March.

There will be a range of organisations offering information on health, fitness, mental health, home safety, personal safety, training opportunities and more!

Organisations will include:

- Alzheimer's Society • Aware NI • Belfast City Council • Better Gyms • Dementia Friendly East Belfast • EBCDA • Housing Rights • NIFRS • NSPCC • Phoenix Education • PSNI • Public Health Agency • Raise Your Voice • The Prince's Trust • Women'sTec • WRDA •

Refreshments provided. Everyone welcome!

For more information, please contact Helen Smyth.

T: 028 9079 9912

E: training@greenwaywomenscentre.org



International Women's Day 2025

The International Women's Day March & Rally will take place in Belfast on Saturday 8 March, with everyone meeting at Writer's Square at 11.30am.

Greenway Women's Centre Family Support Services

Greenway's Family Support Services are available each weekday between 10am and 1.30pm.

To access our Family Support Services or to get more information please contact Greenway's Centre Manager, Lindsay Cooper.

T: 028 9079 9912

E: manager@greenwaywomenscentre.org

A Natter Matters

On Thursday evenings Helen hosts a live 'A Natter Matters' Zoom Session, so if you need a chat or just fancy a catch up please email training@greenwaywomenscentre.org for the link!

Women Breaking Barriers

Greenway is part of the Women Breaking Barriers NI project, which is designed to equip women with the skills necessary to overcome personal barriers to employment and education, by engaging economically inactive women in an employment support programme with specialised training and intensive wrap-around support.

For more information on the Women Breaking Barriers project please visit:

<https://www.womenbreakingbarriersni.com/>

This Project is funded by the UK Government through the UK Shared Prosperity Fund

Grand Opera House Tour

Greenway's Women's Empowerment Programme participants and Recycled Teenagers enjoyed a visit to the Grand Opera House last month, where they were given a tour of the historic building and a behind-the-scenes peek at the props and costumes for the National Theatre's production of War Horse!

Thank you to everyone at the Grand Opera House for making us feel so welcome!



Women & Money Session

Thank you to Stephanie and Kerry from Kith & Kin Financial Wellbeing who visited Greenway last month to deliver a Women & Money session!

DIY & Numeracy

Thank you to Women Breaking Barriers NI for providing a DIY & Numeracy workshop at Greenway last month!



Chatty Bench Community Notice

Greenway Women's Group is part of the Chatty Bench initiative that provides a bench at the front of the Greenway building for people to rest and chat.

Unfortunately, it has come to our attention via CCTV that a large number of young people who are using the bench in the evenings are leaving extensive mess, both on the bench and in the surrounding area. We have also received some complaints concerning noise levels associated with the large groups gathering at the bench. To try and offset some of these issues we have recently made the decision to move the bench inside for storage over weekends.

Chatty Benches are a community resource, designed to tackle loneliness and provide a place where people can chat and connect with each other, which in turn helps support positive mental health and wellbeing. So, whilst we have no objections to young people using the bench, we would urge them to be mindful that this is a residential neighbourhood and kindly ask that they use the bin provided for their rubbish.

Greenway Women's Group

Greenway Childcare Services

At Greenway we offer high quality, affordable Childcare services for pre-school children, from birth until their fourth birthday, alongside WCCF Funded Day Care and Sponsored Day Care. We also offer Childcare provision for students and volunteers attending Greenway Women's Centre and intervention services by way of respite care and parent/carer support sessions.

Greenway's professional & highly qualified Childcare Team promote fun and creative ways of engaging children to learn & develop in an inclusive, non-judgmental, safe environment.



Greenway Childcare: 'Highly Commended' Day Care Provider, Families First NI Awards (Spring 2024)

Greenway Childcare Services are currently available Monday to Friday, between 8.30am and 1.30pm with Private Day Care Sessions available for only £5 per hour!

You can arrange an appointment to view the Greenway Childcare setting before deciding to enrol your children with us. This offers an excellent opportunity for parents/carers to meet the Greenway Childcare Team and view our Childcare facilities to ensure we are the best fit for you and your family!

To book, register future interest, arrange a viewing or get more information please contact Greenway's Childcare Co-Managers, Jodie Wilson & Natalie Horrocks.

T: 028 9079 9912

E: childcare@greenwaywomenscentre.org

WCCF Funded Childcare Provision at Greenway Women's Centre

At Greenway we offer WCCF Funded Childcare for children from birth until their fourth birthday.

Criteria for WCCF Funded Childcare:

If you have pre-school aged children and you have either returned to work within the last 12 months following a period of unemployment* or are currently in training or education and in receipt of Income Support, Universal Credit, Jobseekers Allowance (income based) or ESA we may be able to meet your childcare needs by offering you FREE** Childcare Monday to Friday from 9.30am, for up to 4 hours per day!

*This does not apply when returning to work following Maternity Leave

**WCCF Childcare Provision funded by Department for Communities

For more information on WCCF Funded Childcare at Greenway Women's Centre please contact Greenway's Childcare Co-Managers, Jodie Wilson & Natalie Horrocks.

T: 028 9079 9912

E: childcare@greenwaywomenscentre.org

Please Note: Greenway Childcare Services are currently operating a WAITING LIST ONLY. Please contact our Childcare Managers, Jodie & Natalie, on 028 9079 9912, to register. Once registered, you will be contacted as soon spaces become available!

Tesco Stronger Starts Grant

Thank you to everyone who has supported Greenway with their blue tokens at Tesco!

You can still vote for Greenway every time you make a purchase in the following Tesco stores:

*Knocknagonney Extra *Ballyhackamore Express *Rosetta Express *Newtownbreda Extra

*Cairnshill Express *Belmont Road Express *Castlereagh Superstore

Any funding we receive will enable us to purchase new resources for our Childcare Department!

Support from Greenway Women's Centre is available Monday to Friday

You can reach Greenway staff by telephone on 028 9079 9912.

Or you can contact Greenway staff by email:

Lindsay Cooper, Centre Manager: manager@greenwaywomenscentre.org

Helen Smyth, Training & Education Officer: training@greenwaywomenscentre.org

Greenway Childcare Team: childcare@greenwaywomenscentre.org

Volunteering Opportunities at Greenway

Volunteering at Greenway Women's Centre is an excellent way to meet new people and develop new skills, while building confidence and self esteem and gaining role-based experience!

Roles are currently available in Reception*, Coffee Bar* and Childcare**

**All volunteers must be successfully vetted through Access NI before they can commence their role.*

***All volunteers in the Childcare Department must also be successfully vetted through Health & Social Services before they can commence their role.*

Full training is provided prior to commencing any volunteering role.

If you are interested in volunteering at Greenway Women's Centre, please contact Lindsay Cooper on 028 9079 9912.

Greenway Women's Centre is part of the Red Box Project

The Red Box Project aims to ensure that every woman has access to free menstrual products. In a bid to tackle period poverty we have a fully stocked Red Box at Greenway Women's Centre containing a range of sanitary pads and tampons which you are free to take as and when required.



The Red Box Project is coordinated by East Belfast Community Development Agency

If you would like to join the Greenway Women's Centre Mailing List to receive regular Greenway updates directly to your Inbox, please email newsletter@greenwaywomenscentre.org



For regular Greenway updates find us at www.facebook.com/GreenwayWomensCentre



Greenway Women's Centre is a recognised Safe Place for anyone affected by Domestic Violence



At Greenway Women's Centre we offer:

- Top Quality Childcare Services • Family Support Services • Education & Training Programmes •
- Essential Skills Support • Health & Wellbeing Courses • Volunteering Opportunities •
- Free Classes • Workshops • Special Events •

Opening Hours: 8.30am - 3.30pm Monday - Friday



Providing local, accessible services to women and their families since 1985

Greenway Women's Group is a Company Limited by Guarantee No. NI038139

Inland Revenue Charity No. XR34419

19-23 Greenway, Cregagh Estate, Belfast BT6 0DT

T: 028 9079 9912 **E:** manager@greenwaywomenscentre.org **W:** www.greenwaywomenscentre.org