

Greenway

Women's Centre

Monthly Newsletter

Welcome to the Greenway Newsletter, April 2026

Easter Holiday

Greenway Women's Centre will be closed from Monday 6 April to Friday 10 April (inclusive) for Easter. All Greenway services, including childcare provision, classes, group meetings, family support and online services will be unavailable during this time. The Centre will reopen on Monday 13 April 2026.

Coming Up at Greenway...

The Woolpackers

Start Date: Monday 13 April, 10.30am-12.30pm (£10 for 10 weeks)

Greenway is hosting a new 10-week session of 'The Woolpackers', our women's knitting/crochet group!

Healthy Relationships: Foundations for Respectful Connections

Start Date: Tuesday 14 April, 9.30am-11am (4 weeks)

Greenway is hosting a new Healthy Relationships course, delivered by Relate, which is designed to offer participants the skills to build and maintain respectful, safe and healthy relationships via interactive activities, reflective exercises and real-world scenarios.

Little Bit Crafty

Start Date: Thursday 16 April, 10am-12pm (£20 for 10 weeks)

Greenway is hosting a new 10-week session of our volunteer-led women's craft project 'Little Bit Crafty'!

Changing Lives Initiative: Flourish & Thrive

Greenway is hosting six workshops during April and May for parents of children with behaviours associated with ADHD/Autism, facilitated by Changing Lives Initiative: Flourish & Thrive.

- **Thinking Outside the Box** How different brains learn & grow: **Friday 17 April, 10.30am-11.30am**
 - **Sensory SOS** Sensory Processing: **Friday 24 April, 10.30am-11.30am**
 - **Social Smarts** Social Skills: **Friday 1 May, 10.30am-11.30am**
 - **Calm & Connected** Emotional Regulation & Anxiety: **Friday 8 May, 10.30am-11.30am**
 - **Stop, Think, Act** Impulsivity & Behaviour Regulation: **Friday 15 May, 10.30am-11.30am**
 - **Attention HQ** Attention & Memory: **Friday 22 May, 10.30am-11.30am**

Please Note: These are direct registration workshops - check our Facebook page or contact Helen for Registration QR codes. Please register separately for each workshop you wish to attend.

Strength & Balance Class

Start Date: Wednesday 22 April, 10am-11am (10 weeks)

Greenway is hosting a new 10-week Strength & Balance class, facilitated by EBCDA.

Please Note: This class is currently full, however we are taking registrations for a Reserve List.

To register for any of the above, or to get more information on classes at Greenway, please contact our Training & Family Support Officer, Helen Smyth.

T: 028 9079 9912

E: training@greenwaywomenscentre.org

Summerhill Cost of Living Programme

Please Note: The Summerhill Cost of Living Programme which was due to start this month has been postponed until September. Keep an eye on our Facebook page for further updates.

Women Breaking Barriers*

Weekly Sessions: Mondays/ Tuesdays/ Wednesdays, 9.30am-11.30am

The Women Breaking Barriers NI project is designed to equip women with the skills necessary to overcome personal barriers to employment and education.

*Eligibility criteria apply: To take part in the Women Breaking Barriers programme you must be based in Northern Ireland, not in paid work and not currently seeking employment.

To register please contact Greenway's Training & Family Support Officer, Helen Smyth.

T: 028 9079 9912

E: training@greenwaywomenscentre.org

Women's Empowerment Programme

Weekly Sessions: Mondays/ Tuesdays/ Wednesdays, 11.30am-1.30pm

The Women's Empowerment Programme at Greenway is a free, women-only project offering practical and positive work-based opportunities for women on their way to employment or training.

To register please contact Greenway's Training & Family Support Officer, Helen Smyth.

T: 028 9079 9912

E: training@greenwaywomenscentre.org

A Natter Matters

On Thursday evenings Helen hosts a live 'A Natter Matters' Zoom Session, so if you need a chat or just fancy a catch up please email training@greenwaywomenscentre.org for the link!

Universal Credit Advice Sessions: 15 April, 10am-12pm

Greenway is hosting free confidential Universal Credit Advice Sessions on Wednesday 15 April, between 10am and 12pm. If you need advice or help with benefits please come along and chat to a representative from Knockbreda Jobs & Benefits Office. No appointment necessary.

For more information please contact Helen Smyth at Greenway.

T: 028 9079 9912

E: training@greenwaywomenscentre.org

Greenway Women's Centre Family Support Services

Greenway's Family Support Services are available each weekday between 10am and 1.30pm.

To access our Family Support Services or to get more information please contact Greenway's Centre Manager, Lindsay Cooper.

T: 028 9079 9912

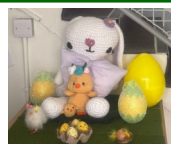
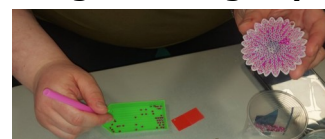
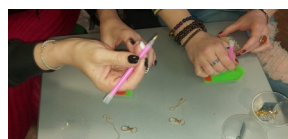
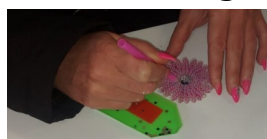
E: manager@greenwaywomenscentre.org

Thank you to Raise Your Voice who visited Greenway to deliver "What Is Misogyny" training to our EAWG subgroup committee!



Congratulations to everyone who took part in the End Violence Against Women & Girls programme at Greenway recently. Certificates were presented during a celebration breakfast last month!

Thank you to Mary Anne from EBCDA who delivered a Take5 Diamond Art Therapy Session with our Women's Empowerment Programme and Women Breaking Barriers groups!



Meg and Miranda from the Woolpackers, Greenway's knitting & crochet group, created this amazing Easter display for the Greenway Reception desk! Beautiful work ladies, thank you!

Greenway Childcare Services

At Greenway we offer high quality, affordable Childcare services for pre-school children, from birth until their fourth birthday, alongside WCCF Funded Day Care and Sponsored Day Care. We also offer Childcare provision for students and volunteers attending Greenway Women's Centre and intervention services by way of respite care and parent/carer support sessions.



Greenway's award winning Childcare Team promote fun and creative ways of engaging children to learn & develop in an inclusive, non-judgmental, safe environment

Greenway Childcare Services are currently available Monday to Friday, between 8.30am and 1.30pm.

You can arrange an appointment to view the Greenway Childcare setting before deciding to enrol your children with us. This offers an excellent opportunity for parents/carers to meet the Greenway Childcare Team and view our Childcare facilities to ensure we are the best fit for you and your family!

For further information on Greenway Childcare Services, including Private Day Care fees and availability, please contact Greenway's Childcare Co-Managers, Jodie Wilson & Natalie Horrocks.

T: 028 9079 9912

E: childcare@greenwaywomenscentre.org

WCCF Funded Childcare Provision at Greenway Women's Centre

At Greenway we offer free WCCF Funded Childcare for children from birth until their fourth birthday.

Criteria for WCCF Funded Childcare:

If you have pre-school aged children and you have either returned to work within the last 12 months following a period of unemployment* or are currently in training or education and in receipt of Income Support, Universal Credit, Jobseekers Allowance (income based) or ESA we may be able to meet your childcare needs by offering you FREE** Childcare Monday to Friday from 9.30am, for up to 4 hours per day!

*This does not apply when returning to work following Maternity Leave

**WCCF Childcare Provision funded by Department for Communities

For more information on WCCF Funded Childcare at Greenway Women's Centre please contact Greenway's Childcare Co-Managers, Jodie Wilson & Natalie Horrocks.

T: 028 9079 9912

E: childcare@greenwaywomenscentre.org



Belfast
City Council



Northern Ireland
Executive

End Violence Against Women & Girls



Thank you to everyone who came along to the Health & Information event at Greenway. Thanks also to all the amazing organisations who were able to attend and offer advice and support and special thanks to the EAWG subgroup at Greenway for planning the event!



THERE IS SOMETHING EVERYONE CAN DO. **LET'S DO IT TOGETHER.**

Support from Greenway Women's Centre is available Monday to Friday

You can reach Greenway staff by telephone on 028 9079 9912.

Or you can contact Greenway staff by email:

Lindsay Cooper, Centre Manager: manager@greenwaywomenscentre.org

Helen Smyth, Training & Family Support Officer: training@greenwaywomenscentre.org

Greenway Childcare Team: childcare@greenwaywomenscentre.org

Volunteering Opportunities at Greenway

Volunteering at Greenway Women's Centre is an excellent way to meet new people and develop new skills, while building confidence and self esteem and gaining role-based experience!

Roles are currently available in Reception*, Coffee Bar* and Childcare**

**All volunteers must be successfully vetted through Access NI before they can commence their role.*

***All volunteers in the Childcare Department must also be successfully vetted through Health & Social Services before they can commence their role.*

Full training is provided prior to commencing any volunteering role.

If you are interested in volunteering at Greenway Women's Centre, please contact Lindsay Cooper on 028 9079 9912.

Greenway Women's Centre is part of the Red Box Project

The Red Box Project aims to ensure that every woman has access to free menstrual products. In a bid to tackle period poverty we have a fully stocked Red Box at Greenway Women's Centre containing a range of sanitary pads and tampons which you are free to take as and when required.



The Red Box Project is coordinated by East Belfast Community Development Agency

If you would like to join the Greenway Women's Centre Mailing List to receive regular Greenway updates directly to your Inbox, please email newsletter@greenwaywomenscentre.org



For regular Greenway updates find us at www.facebook.com/GreenwayWomensCentre



Greenway Women's Centre is a recognised Safe Place for anyone affected by Domestic Violence

At Greenway Women's Centre we offer:

- Top Quality Childcare Services • Family Support Services • Education & Training Programmes •
- Essential Skills Support • Health & Wellbeing Courses • Volunteering Opportunities •
- Free Classes • Workshops • Special Events •

Opening Hours: 8.30am - 1.30pm Monday - Friday



Providing local, accessible services to women and their families since 1985

Greenway Women's Group is a Company Limited by Guarantee No. NI038139
Inland Revenue Charity No. XR34419

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T: 028 9079 9912 **E:** manager@greenwaywomenscentre.org **W:** www.greenwaywomenscentre.org