



# Monthly Newsletter

## Welcome to the Greenway Newsletter, Summer 2026

### Summer Holidays

Greenway Women's Centre will be closed from Monday 6 July to Friday 17 July for the Summer Break.

All Greenway services, including childcare provision, classes, group meetings, family support and online services will be unavailable during this time. The Centre will reopen on Monday 20 July.

Greenway Women's Centre will also be closed on Monday 31 August for the Summer Bank Holiday. All Greenway services will be unavailable on this date. The Centre will reopen on Tuesday 1 September.

### Movement for Mums at Greenway!

We are delighted to host Samantha Robinson's nurse-led holistic wellbeing programme, Movement for Mums, at Greenway Women's Centre this summer! This 6-week programme is specifically tailored for mums with babies aged 0-2 years and is designed to help women improve their wellbeing through movement, confidence building, healthy habits and social connection!

**Start Date:** Friday 31 July, 10.30am-11.30am (6 weeks) £30 (£5 per session)

Please Note: Movement for Mums is a Direct Registration programme.

**To register or to get more details, please contact Samantha Robinson on 07949 574 581, or via Instagram: [movementformums\\_](#)**

### NEW Women's Mental Health & Wellbeing Programme

Greenway is hosting a NEW 12-week Mental Health & Wellbeing programme for women!

The programme will explore a range of topics including Active Listening, Peer Support, Community Leadership, Mental Health Awareness, Stress Management and Wellbeing Challenges!

**Monday Sessions:** Monday 7 September, 9.30am-1.30pm (12 weeks) [Lunch provided]

**Thursday Sessions:** Thursday 10 September, 9.30am-1.30pm (12 weeks) [Lunch provided]



This programme is supported through the *Housing for All* Shared Housing Programme with Choice Housing

### Women Breaking Barriers\*

**Weekly Sessions: Mondays/ Tuesdays/ Wednesdays, 9.30am-11.30am**

The Women Breaking Barriers NI project is designed to equip women with the skills necessary to overcome personal barriers to employment and education. Please Note: \*Eligibility criteria apply.

### Women's Empowerment Programme

**Weekly Sessions: Mondays/ Tuesdays/ Wednesdays, 11.30am-1.30pm**

The Women's Empowerment Programme at Greenway is a free, women-only project offering practical and positive work-based opportunities for women on their way to employment or training!

**To register or to get more information on classes at Greenway, please contact our Training & Family Support Officer, Helen Smyth.**

**T:** 028 9079 9912

**E:** [training@greenwaywomenscentre.org](mailto:training@greenwaywomenscentre.org)

*Please Note: WBB and WEP sessions will take place online over the school holidays!*

**Universal Credit Advice Sessions: Wednesday 22 July, 10am-12pm**

Greenway is hosting free confidential Universal Credit Advice Sessions on Wednesday 22 July, between 10am and 12pm, so if you need advice or help with benefits please come along and chat to a representative from Knockbreda Jobs & Benefits Office. No appointment necessary!

**For more information please contact Helen Smyth at Greenway.**

**T:** 028 9079 9912

**E:** [training@greenwaywomenscentre.org](mailto:training@greenwaywomenscentre.org)

**A Natter Matters**

On Thursday evenings Helen hosts a live 'A Natter Matters' Zoom Session, so if you need a chat or just fancy a catch up please email [training@greenwaywomenscentre.org](mailto:training@greenwaywomenscentre.org) for the link!



**Volunteer Celebration Lunch**

We recently hosted a Volunteer Celebration Lunch to recognise and thank our amazing volunteers!

Thank you to everyone who was able to attend and special thanks to Julieanne for the delicious food!



**Belfast  
City Council**



**Northern Ireland  
Executive**

End Violence Against Women & Girls



**EVAWG Coffee Morning**

Thank you to everyone who attended the EVAWG Coffee Morning at Greenway! This was the second major event organised and hosted by the Greenway EVAWG subgroup and it was another great success!

Special thanks to the amazing organisations who were on hand to offer expert advice & support:

East Belfast Alternatives; EBCDA; Lorraine Kirkpatrick (Rise by the Sea); NSPCC NI; People-1st; PSNI; Raise Your Voice; Rape Crisis NI; & St John Ambulance NI.



**THERE IS SOMETHING EVERYONE CAN DO. LET'S DO IT TOGETHER.**



**The Recycled Teenagers Feeling the Beat!**

The Recycled Teenagers took over the Greenway Drop In last month for a "drummercise" session facilitated by Engage with Age!



**Greenway's Women Breaking Barriers and Women's Empowerment Programme participants attended the annual Belfast Jobs Fair at St George's Market!**



The Little Bit Crafty ladies have been busy trying out new craft forms! Acrylic painting on glass was a particular favourite and they have also been using chalk and salt to create decorative jars! Beautiful work, ladies!!



### **Greenway Childcare Services**

At Greenway we offer high quality, affordable Childcare services for pre-school children, from birth until their fourth birthday, alongside WCCF Funded Day Care and Sponsored Day Care. We also offer Childcare provision for students and volunteers attending Greenway Women's Centre and intervention services by way of respite care and parent/carer support sessions. Greenway Childcare Services are currently available Monday to Friday, between 8.30am and 1.30pm.

You can arrange an appointment to view the Greenway Childcare setting before deciding to enrol your children with us. This offers an excellent opportunity for parents/carers to meet the Greenway Childcare Team and view our Childcare facilities to ensure we are the best fit for you and your family!

**For further information on Greenway Childcare Services, including Private Day Care fees and availability, please contact Greenway's Childcare Co-Managers, Jodie Wilson & Natalie Horrocks.**

**T:** 028 9079 9912

**E:** [childcare@greenwaywomenscentre.org](mailto:childcare@greenwaywomenscentre.org)

*Greenway's award winning Childcare Team promote fun and creative ways of engaging children to learn & develop in an inclusive, non-judgmental, safe environment!*

### **WCCF Funded Childcare Provision at Greenway Women's Centre**

At Greenway we offer free WCCF Funded Childcare for children from birth until their fourth birthday.

Criteria for WCCF Funded Childcare:

If you have pre-school aged children and you have either returned to work within the last 12 months following a period of unemployment\* or are currently in training or education and in receipt of Income Support, Universal Credit, Jobseekers Allowance (income based) or ESA we may be able to meet your childcare needs by offering you FREE\*\* Childcare Monday to Friday from 9.30am, for up to 4 hours per day!

\*This does not apply when returning to work following Maternity Leave

\*\*WCCF Childcare Provision funded by Department for Communities

**For more information on WCCF Funded Childcare at Greenway Women's Centre please contact Greenway's Childcare Co-Managers, Jodie Wilson & Natalie Horrocks.**

**T:** 028 9079 9912

**E:** [childcare@greenwaywomenscentre.org](mailto:childcare@greenwaywomenscentre.org)

### **\*\*\* SPACES AVAILABLE \*\*\***

Spaces will be available in the Greenway Childcare Toddler room from September 2026!

**Please contact Jodie or Natalie to register!**

**T:** 028 9079 9912

**E:** [childcare@greenwaywomenscentre.org](mailto:childcare@greenwaywomenscentre.org)

### **Greenway Women's Centre Family Support Services**

Greenway's Family Support Services are available each weekday between 10am and 1.30pm.

**To access our Family Support Services or to get more information please contact Greenway's Centre Manager, Lindsay Cooper.**

**T:** 028 9079 9912

**E:** [manager@greenwaywomenscentre.org](mailto:manager@greenwaywomenscentre.org)



**Thank you to the volunteers from the Greenway Gardening Crew for helping to keep the Childcare Garden in tip top shape!!**

The Woolpackers have been busy knitting, crocheting and finger knitting over the last few weeks and have just delivered their beautiful handmade baby items to Blossoms Belfast! Amazing work, ladies!!



**Support from Greenway Women's Centre is available Monday to Friday**

You can reach Greenway staff by telephone on 028 9079 9912.

Or you can contact Greenway staff by email:

Lindsay Cooper, Centre Manager: [manager@greenwaywomenscentre.org](mailto:manager@greenwaywomenscentre.org)

Helen Smyth, Training & Family Support Officer: [training@greenwaywomenscentre.org](mailto:training@greenwaywomenscentre.org)

Greenway Childcare Team: [childcare@greenwaywomenscentre.org](mailto:childcare@greenwaywomenscentre.org)

**Volunteering Opportunities at Greenway**

Volunteering at Greenway Women's Centre is an excellent way to meet new people and develop new skills, while building confidence and self esteem and gaining role-based experience!

**Roles are currently available in Reception\*, Coffee Bar\* and Childcare\*\***

*\*All volunteers must be successfully vetted through Access NI before they can commence their role.*

*\*\*All volunteers in the Childcare Department must also be successfully vetted through Health & Social Services before they can commence their role.*

Full training is provided prior to commencing any volunteering role.

**If you are interested in volunteering at Greenway Women's Centre,  
please contact Lindsay Cooper on 028 9079 9912.**

**Greenway Women's Centre is part of the Red Box Project**

The Red Box Project aims to ensure that every woman has access to free menstrual products. In a bid to tackle period poverty we have a fully stocked Red Box at Greenway Women's Centre containing a range of sanitary pads and tampons which you are free to take as and when required.



*The Red Box Project is coordinated by East Belfast Community Development Agency*

If you would like to join the Greenway Women's Centre Mailing List to receive regular Greenway updates directly to your Inbox, please email [newsletter@greenwaywomenscentre.org](mailto:newsletter@greenwaywomenscentre.org)



For regular Greenway updates find us at [www.facebook.com/GreenwayWomensCentre](https://www.facebook.com/GreenwayWomensCentre)



**Greenway Women's Centre is a recognised Safe Place  
for anyone affected by Domestic Violence**

**At Greenway Women's Centre we offer:**

- Top Quality Childcare Services • Family Support Services • Education & Training Programmes •
- Essential Skills Support • Health & Wellbeing Courses • EAWG Referrals •
- Volunteering Opportunities • Free Classes • Workshops • Special Events •

**Opening Hours: 8.30am - 1.30pm Monday - Friday**



**Providing local, accessible services to women and their families since 1985**

**Greenway Women's Group is a Company Limited by Guarantee No. NI038139  
Inland Revenue Charity No. XR34419**

**19-23 Greenway, Cregagh Estate, Belfast BT6 0DT**

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