



Monthly Newsletter

Welcome to the September 2026 Greenway Newsletter!

Coming up at Greenway...

NEW: Women's Mental Health & Wellbeing Programme

Greenway is hosting a FREE 12-week Mental Health & Wellbeing programme for women!

The programme will explore a range of topics including Active Listening, Peer Support, Community Leadership, Mental Health Awareness, Stress Management and Wellbeing Challenges.

Monday Sessions: Monday 7 September, 9.30am-1.30pm (12 weeks) [Lunch provided]

Thursday Sessions: Thursday 10 September, 9.30am-1.30pm (12 weeks) [Lunch provided]



This programme is supported through the *Housing for All* Shared Housing Programme with Choice Housing

NEW: Essential Skills Courses at Greenway

Improve your Maths, English or Computer skills and gain a recognised qualification!

Greenway is hosting FREE Essential Skills courses, provided by Belfast Met.

- **Essential Skills ICT (Computers)** from Monday 14 September, 9.30am-11.30am
- **Essential Skills Numeracy (Maths)** from Wednesday 16 September, 9.30am-11.30am
- **Essential Skills Literacy (English)** from Friday 18 September, 9.30am-11.30am

Essential Skills courses run for 17 or 30 weeks, depending on Level

Participants must be aged 16 years or over on 1/7/26

NEW: Women's Empowerment Programme Weekly Sessions!

The Women's Empowerment Programme at Greenway is a free, women-only project offering practical and positive work-based opportunities for women on their way to employment or training.

The Women's Empowerment Programme at Greenway includes Personal Development; Essential Skills Courses; CV Training; Interview Techniques and Volunteering Opportunities.

- **Tuesday Sessions** from 15 September, 9.30am-1.30pm
- **Wednesday Sessions** from 16 September, 9.30am-1.30pm
- **Friday Sessions** from 18 September, 9.30am-1.30pm

This Programme is funded through Halifax Foundation for Northern Ireland

Please Note: The following classes are fully booked. *Reserve list registration only

*Strength & Balance: 16/9/26, 10am-11am (8 weeks) [FREE EBCDA]

*Yoga Taster Sessions: 16/9/26, 11.30am-12.30pm (4 weeks) [FREE EBCDA]

*The Woolpackers: 14/9/26, 10.30am-12.30pm (10 weeks) [£10]

*Little Bit Crafty: 17/9/26, 10am-12pm (10 weeks) [£20]

To register for any of the above, or to get more information on courses at Greenway, please contact our Training & Family Support Officer, Helen Smyth.

T: 028 9079 9912

E: training@greenwaywomenscentre.org

NEW: Stronger Together Cross Community Project

Greenway Women's Group is co-hosting 'Stronger Together', a FREE 10-week Cross Community Project for women, in partnership with Voices Women's Group!

Sessions 1-5: Thursday 5 November 2026, 10am-12pm (5 weeks)

Sessions 6-10: Thursday 7 January 2027, 10am-12pm (5 weeks)

Please Note: Both groups will take turns hosting sessions (alternate weeks, beginning at Greenway)

To register please contact Greenway's Training & Family Support Officer, Helen Smyth.

T: 028 9079 9912

E: training@greenwaywomenscentre.org

NEW: Working With Children: Belfast Employment Academy

Start Date: Friday 6 November, 9.30am-1.30pm (8 weeks)

Greenway is hosting a NEW Working with Children Employment Academy, facilitated by People 1st.

This FREE 8-week course offers tailored, intensive training for anyone interested in working in Childcare, Classroom Assistant or Afterschool Assistant roles.

Belfast Employment Academies are open to people living in the Belfast City Council area who are currently unemployed or working fewer than 16 hours per week.

To register please contact Greenway's Training & Family Support Officer, Helen Smyth.

T: 028 9079 9912

E: training@greenwaywomenscentre.org

Universal Credit Advice Sessions: Wednesday 16 September, 10am-12pm

Greenway is hosting free confidential Universal Credit Advice Sessions on Wednesday 16 September, between 10am and 12pm.

If you need advice or help with benefits please come along and chat to a representative from Knockbreda Jobs & Benefits Office. No appointment necessary!

For more information please contact Helen Smyth at Greenway.

T: 028 9079 9912

E: training@greenwaywomenscentre.org

A Natter Matters

On Thursday evenings Helen hosts a live 'A Natter Matters' Zoom Session, so if you need a chat or just fancy a catch up please email training@greenwaywomenscentre.org for the link!

Training and Education at Greenway Women's Centre

If you are interested in finding out more about Groups, Classes, One-off Workshops or Focus Groups taking place at Greenway Women's Centre, please contact Helen Smyth.

T: 028 9079 9912

E: training@greenwaywomenscentre.org

Greenway Family Summer Scheme 2026

Due to the budgetary constraints being felt across the whole sector we had a reduced programme this year, however we were delighted that so many of our families were still able to participate.

First up was a visit to the Ulster Museum and the Tropical Ravine & Palm House, with a picnic lunch in Botanic Gardens. Next, we headed to Sir Thomas & Lady Dixon Park for a day of outdoor play and finally, we enjoyed a day trip to Delamont Country Park to soak up the stunning scenery and amazing views!

Greenway Family Summer Scheme families were also invited along on a day trip to Newcastle, as part of the East Belfast Community Development Agency Good Relations Programme!

Thank you to all the families who came along!

Greenway Women's Group Fundraising Initiative

As you will be aware, we are facing widespread and devastating reductions in funding due to budget cuts within the sector. We are currently exploring other revenue streams to enable us to continue delivering our services to women and their families. While we explore our options we have set up a fundraising account with JustGiving. If you would like to make a donation to Greenway Women's Group to help keep our doors open, please scan the QR code. Thank you!



Greenway Childcare Services

At Greenway we offer high quality, affordable Childcare services for pre-school children, aged from six weeks to three years & three months, alongside WCCF Funded Day Care and Sponsored Day Care. We also offer Childcare provision for students and volunteers attending Greenway Women's Centre and intervention services by way of respite care and parent/carer support sessions.



Greenway's award-winning Childcare Team promote fun and creative ways of engaging children to learn & develop in an inclusive, non-judgmental, safe environment

Greenway Childcare Services are currently available Monday to Friday, between 8.30am and 1.30pm.

You can arrange an appointment to view the Greenway Childcare setting before deciding to enrol your children with us. This offers an excellent opportunity for parents/carers to meet the Greenway Childcare Team and view our Childcare facilities to ensure we are the best fit for you and your family!

For further information on Greenway Childcare Services, including Private Day Care fees and availability, please contact Greenway's Childcare Co-Managers, Jodie Wilson & Natalie Horrocks.

T: 028 9079 9912 **E:** childcare@greenwaywomenscentre.org

WCCF Funded Childcare Provision at Greenway Women's Centre

At Greenway we offer free WCCF Funded Childcare for children aged from six weeks to three years & three months.

Criteria for WCCF Funded Childcare:

If you have pre-school aged children and you have either returned to work within the last 12 months following a period of unemployment* or are currently in training or education and in receipt of Income Support, Universal Credit, Jobseekers Allowance (income based) or ESA we may be able to meet your childcare needs by offering you FREE** Childcare Monday to Friday from 9.30am, for up to 4 hours per day!

*This does not apply when returning to work following Maternity Leave

**WCCF Childcare Provision funded by Department for Communities

For more information on WCCF Funded Childcare at Greenway Women's Centre please contact Greenway's Childcare Co-Managers, Jodie Wilson & Natalie Horrocks.

T: 028 9079 9912 **E:** childcare@greenwaywomenscentre.org

**** SPACES AVAILABLE ****

**Spaces are now available in the Greenway Childcare Toddler Room!
Please contact Jodie or Natalie to register.**

T: 028 9079 9912 **E:** childcare@greenwaywomenscentre.org

Greenway Women's Centre Family Support Services

Greenway's Family Support Services are available each weekday between 10am and 1.30pm.

To access our Family Support Services or to get more information please contact Greenway's Centre Manager, Lindsay Cooper.

T: 028 9079 9912 **E:** manager@greenwaywomenscentre.org

Greenway Women's Centre Monthly Newsletter, September 2026

Support from Greenway Women's Centre is available Monday to Friday

You can reach Greenway staff by telephone on 028 9079 9912.

Or you can contact Greenway staff by email:

Lindsay Cooper, Centre Manager: manager@greenwaywomenscentre.org

Helen Smyth, Training & Family Support Officer: training@greenwaywomenscentre.org

Greenway Childcare Team: childcare@greenwaywomenscentre.org

Volunteering Opportunities at Greenway

Volunteering at Greenway Women's Centre is an excellent way to meet new people and develop new skills, while building confidence and self-esteem and gaining role-based experience!

Roles are currently available in Reception*, Coffee Bar* and Childcare**

**All volunteers must be successfully vetted through Access NI before they can commence their role.*

***All volunteers in the Childcare Department must also be successfully vetted through Health & Social Services before they can commence their role.*

Full training is provided prior to commencing any volunteering role.

If you are interested in volunteering at Greenway Women's Centre, please contact Lindsay Cooper on 028 9079 9912.

Greenway Women's Centre is part of the Red Box Project

The Red Box Project aims to ensure that every woman has access to free menstrual products. In a bid to tackle period poverty we have a fully stocked Red Box at Greenway Women's Centre containing a range of sanitary pads and tampons which you are free to take as and when required.



The Red Box Project is coordinated by East Belfast Community Development Agency

If you would like to join the Greenway Women's Centre Mailing List to receive regular Greenway updates directly to your Inbox, please email newsletter@greenwaywomenscentre.org



For regular Greenway updates find us at www.facebook.com/GreenwayWomensCentre

At Greenway Women's Centre we offer:

- Top Quality Childcare Services • Family Support Services • Education & Training Programmes •
- Essential Skills Support • Health & Wellbeing Courses • Volunteering Opportunities •
- Free Classes • Workshops • Room Hire • Special Events •

Opening Hours: 8.30am - 1.30pm, Monday to Friday



Greenway Women's Centre is a recognised Safe Place for anyone affected by Domestic Violence



Providing local, accessible services to women and their families since 1985

Greenway Women's Group is a Company Limited by Guarantee No. NI038139

Inland Revenue Charity No. XR34419

19-23 Greenway, Cregagh Estate, Belfast BT6 0DT

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